

RelaDyne

Annual PCP Program

Thank you for choosing to participate in the wellness program being offered through your company. If you have chosen to complete your biometric screening at your personal physician's office, please follow the steps below to receive credit:

Step 1: Have Your Doctor Complete the Physician Screening Results Form

- Provide a copy of the Physician Screening Results Form to your doctor
- · Have your physician complete the form with your biometric results

Step 2: Submit Physician Screening Results Form to HealthWorks

- After your appointment, you or your physician must submit your completed form to HealthWorks by any of these 3 options:
 - Fax to: 513-751-0018
 - Email to: offsite@cincyhealthworks.com
 - o Mail to: 4350 Glendale-Milford Road, Suite 110, Blue Ash, OH 45242

Thank you,

The HealthWorks Team





PHYSICIAN SCREENING FORM

RelaDyne Annual PCP Program

PERSONAL INFORMATION											
Full Name (USE CAPITAL LET	: TERS)										
Date Of Birth	:		/_		_/		Gen	ider :	Male	e Fema	le
Home Address	:										_
Phone Number	:	E-Mail :									
Last 4 SSN	:										
I am an empl	oyee	I am a spouse of an employee (employee name):									
RELEASE OF INFORMATION											
I,(physician name), grant permission to Dr(physician name) to share my lab results, blood pressure, height, weight, and waist circumference measurements with HealthWorks. I understand that my information will not be shared directly with my employer and that HealthWorks adheres to all HIPAA regulations.											
Fasting	:	Yes	1	No Pati e	ent Sigr	nature :					
Pregnant	:	Yes	N	10		Date :					
Tobacco User	•	Yes		No							
Diabetic	:	Yes	N	10							
PATIENT RESULTS (to be completed by physician)											
Glucose	:[LDL	:			Height	: [Inches
Total Cholestero	ı : [A1-C	:			Weight	: [Pounds
Triglycerides	:[Blood Press	ure :			Waist	: [Inches
HDL	:				:	Systolic Diastolic					
Physician Name	:										
Physician Address	s :										
Phone Number	:										
Dhysisian Signatu	ıro .						Doto	•			

Please Note - Form MUST be submitted to HealthWorks for credit:

- Scan/Email to: offsite@cincyhealthworks.com
- Fax to: (513) 751-0018
- Mail to: HealthWorks, 4350 Glendale-Milford Road, Suite 110, Blue Ash, OH 45242



Wellness Portal How to Login



Welcome to the myHealthWorks portal. Your company is inviting you to view your account, where you can access many of the activities included in your company's wellness program. Here's how:



- Go to myHealthWorksportal.com
- **Username:** your company provided us with your email that you can use to sign in (Note if the email you try doesn't match what your employer provided to us, you will get the following notice: "We can't seem to find your account"; please see your HR manager)
- Password: is the word Welcome (case sensitive) and your date of birth and the last four digits of your social security number in this format: Welcome-(date of birth: YYYY-MM-DD)-(last 4 SSN)
 - For example, if your date of birth is January 1, 1970, and the last 4 of your SSN is 1234, your password would be: Welcome-1970-01-01-1234
- Once you have registered with your email and password above, we encourage you to logout to change this password, using the 'Forgot your password?' link on the login page